Cape Argus Pick n Pay CYCLE TOUR
ROTARY • PPA
HOSTED BY CAPE TOWN - AFRICA'S GREATEST CITY

# ROUTE PLAN 2012

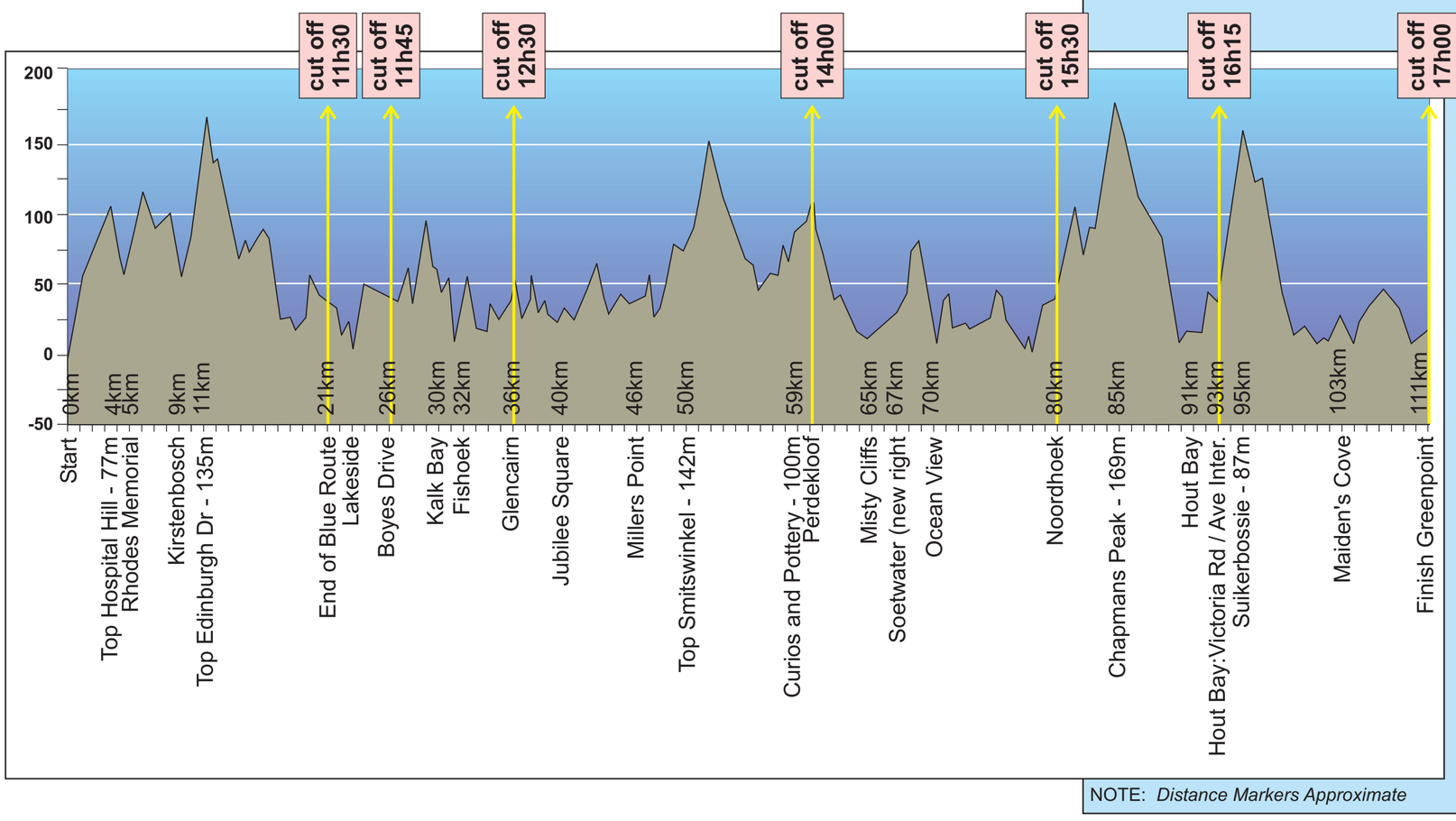
Medical Point - MP

Physio - P

Support Zones - S

## 15 REFRESHMENT STATIONS

| STATION NUMBER | DISTANCE TO GO (km) | LOCATION DESCRIPTION | CUTT OFF TIME |
|---|---|---|---|
| 1 | 97.7 | Constantia | |
| 2 | 90,7 | End of M3 / Steenburg | 11h30 |
| 3 | 86,0 | Boyes Drive | 11h45 |
| | 75,7 | Glencairn Train Station | 12h30 |
| 4 | 71,7 | Simonstown Jubilee Square | |
| 5 | 63,2 | Partridge Point | |
| 6 | 55,0 | Klaasjagersberg | |
| 7 | 52,2 | Perdekloof | 14h00 |
| 8 | 44,3 | Soetwater | |
| 9 | 36,9 | Capri | |
| 10 | 31,9 | Noordhoek | 15h30 |
| 11 | 27,2 | Chapmans Peak | |
| 12 | 20,7 | Hout Bay | |
| | 18,5 | Hout Bay -Victoria Rd/Victoria Ave Inter | 16h15 |
| 13 | 18,3 | Suikerbossie (Bottom) | |
| 14 | 16,3 | Suikerbossie (Top) | |
| 15 | 10,0 | Bakoven | |
| | 0 | Finish | 17h00 |




NOTE: *Distance Markers Approximate*

CTT2012 / R / 02